

Seahawk Baseball

BASEBALL TRYOUTS 2010

9th & 10th Grade TRYOUTS for the Seahawk Baseball Program begin on February 1, 2010 at 2:45 p.m. on the HHIHS Baseball Field. In order to participate in tryouts, students must have turned in a physical & permission form to the HHIHS Athletic Department. Students should bring proper equipment to tryouts. (2:45-4:30 p.m.)

***** 11th & 12th Grade TRYOUTS are 4:30-6:30 p.m. February 1-5th *****

Required:

- Pants, Long Sleeves, Baseball Hat
- Glove
- Infielders are required to have a protective cup.

Suggested:

- Cleats

Prohibited:

- Jewelry

Tryouts will last for 5 days. Weather permitting, first “cuts” will be on Friday, February 5th after practice. Players will meet with coaches individually to find out if they made the team. At that time, coaches will inform the players of where they currently fall on the depth chart. Playing time, position(s), expectations, etc. will be discussed. The coaching staff understands the commitment and sacrifices required to participate for the entire season. After the evaluation process is completed and communicated to the player, the player can choose to not accept the invitation to the team without any penalty. In other words, the student has the opportunity to go tryout for another sport if the other coach approves.

There will be additional cuts made and the timeframe for that will be communicated to the students at the time of 1st “cuts”. Sometimes additional cuts are required to evaluate further the players that survived the first “cuts”. Also, additional cuts will be made after participants from wrestling and/or basketball come to tryouts once their winter seasons are completed. These players will be evaluated in a 3-5 day period and then they will be added to the team or dismissed from the team.

Here is a sample of the rubric used for tryouts. Scores are not shared with players, but this is an example of what coaches are evaluating:

	No Score 0	Poor 1	Below Average 2	Average 3	Good 4	Excellent 5
Arm Strength						
Arm Accuracy						
Fielding						
Hitting						
Speed						
Attitude						
Athleticism						
Varsity Prospect						
Intangibles						
GPA						
TOTAL						