

Pre-Participation Physical Policy

Athletes will have the ideal opportunity to receive a physical exam by one of our team physicians prior to the fall, winter, and spring athletic season. Physicals done in this manner are \$10 cash due at the time of exam. Dates and times are advertised.

Coaches, athletes, and guardians may check with the athletic director or athletic trainer for details. Physical forms are available through the athletic trainer, on this web site, or at the South Carolina High School League website www.schsl.org.

In the AD handbook, medical clearance received after April 1st of a year is acceptable for participation in sport until the end of the following spring season. For example, a volleyball/basketball/softball player received clearance by a physician on April 1, 2008, is accepted through the entirety of the 2009 softball season. Clearance received by a fall sport athlete (ie. football player) on March 31, 2008 is not eligible for football practice on July 29, 2008 because his physical was one day early.

Coaches must ensure all persons trying out or being placed on a team has received medical clearance by a physician **prior to actively participating in any manner** with sport activity.

Athletes should personally hand his/her individual physical to the athletic trainer and not through a coach, teammate, teacher, etc.

Coaches must submit a team roster immediately at the beginning of practice sessions to the athletic director for medical clearance review.