

Athletic Training

Who are Certified Athletic Trainers

A Certified Athletic Trainer (ATC) works under the supervision of a licensed physician and specializes in the prevention, recognition, treatment and rehabilitation of injuries incurred by athletes and those engaged in physical activity. Athletic training is recognized as an allied healthcare profession by the American Medical Association (AMA), and education programs are accredited by the AMA's Commission on Accreditation of Allied Health Education Programs.

Certification Standards

Certification standards are established by the National Athletic Trainers' Association Board of Certification (NATABOC). In order to obtain certification as an athletic trainer, an individual must: possess a bachelor's degree from an accredited college or university; complete athletic training experience hours under the supervision of an NATABOC certified athletic trainer; and pass a written, practical and written simulation examination administered by the NATABOC. After an athletic trainer is certified, he or she must obtain 80 hours of continuing education units within a three-year reporting term to maintain certification.